



COVID-19 Links

Coronavirus disease (COVID-19): Awareness resources – resources are available in PDF Format in multiple languages

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/awareness-resources.html>

Physical distancing: Actions for reducing the spread of COVID-19 <https://www.canada.ca/en/public-health/services/publications/diseases-conditions/physical-distancing.html> – Infographic

Taking Care of your Mental Health (COVID-19) – <https://www.canada.ca/en/public-health/services/publications/diseases-conditions/taking-care-mental-health.html> – Factsheet

Pregnancy, childbirth and caring for newborns: advice for mothers (COVID-19)

<https://www.canada.ca/en/public-health/services/publications/diseases-conditions/pregnancy-advice-mothers.html> - Factsheet

How to quarantine (self-isolate) at home when you may have been exposed and have no symptoms

<https://www.canada.ca/en/public-health/services/publications/diseases-conditions/coronavirus-disease-covid-19-how-to-self-isolate-home-exposed-no-symptoms.html> – Infographic

How to care for child with COVID-19 at home: Advice for caregivers

<https://www.canada.ca/en/public-health/services/publications/diseases-conditions/how-to-care-for-child-with-covid-19-at-home-advice-for-caregivers.html> – Factsheet

Reduce the spread of COVID-19: Wash your hands

<https://www.canada.ca/en/public-health/services/video/covid-19-hand-washing.html> – Video

Physical distancing works

<https://www.canada.ca/en/public-health/services/video/covid-19-physical-distancing-alberta.html> – Video

COVID-19: Public Education – Hand washing

<https://www.canada.ca/en/public-health/services/video/reduce-spread-covid-19-wash-hands.html> – Video

COVID-19 Public Education – Distancing

<https://www.canada.ca/en/public-health/services/video/reduce-spread-covid-19-social-distancing.html> – Video

People who are at high risk for severe illness from COVID-19

<https://www.canada.ca/en/public-health/services/publications/diseases-conditions/people-high-risk-for-severe-illness-covid-19.html> – Infographic

Cleaning and disinfecting public spaces (COVID-19)

<https://www.canada.ca/en/public-health/services/publications/diseases-conditions/cleaning-disinfecting-public-spaces.html> – Infographic

Physical Distancing

<https://www.canada.ca/en/public-health/services/publications/diseases-conditions/social-distancing.html> – Infographic



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Reduce the spread of COVID-19: Wash your hands

<https://www.canada.ca/en/public-health/services/publications/diseases-conditions/reduce-spread-covid-19-wash-your-hands.html> – Infographic

How to care for a person with COVID-19 at home: Advice for caregivers <https://www.canada.ca/en/public-health/services/publications/diseases-conditions/how-to-care-for-person-with-covid-19-at-home-advice-for-caregivers.html> – Factsheet

Vulnerable populations and COVID-19

<https://www.canada.ca/en/public-health/services/publications/diseases-conditions/vulnerable-populations-covid-19.html> – Factsheet

How to isolate at home when you have COVID-19

<https://www.canada.ca/en/public-health/services/publications/diseases-conditions/covid-19-how-to-isolate-at-home.html> – Factsheet

About coronavirus disease (COVID-19)

<https://www.canada.ca/en/public-health/services/publications/diseases-conditions/about-coronavirus-disease-covid-19.html> – Infographic